

10 Ways to Celebrate Memorial Day with Your Kids

1 HAVE A PICNIC OR PARTY

Since this day often marks the start of summer, it is common for families to gather for meals, parties, and picnics.

2 VISIT A VETERAN'S CEMETERY

If there is a veteran cemetery near you, take the family there and place small American flags or red, white and blue flowers on the graves of soldiers.

3 FLY THE AMERICAN FLAG

It is traditional to fly the American flag at half mast until noon on Memorial Day. This is traditional and after noon, you can raise the flag at full mast.

4 DRESS IN PATRIOTIC COLORS

Take the time to dress in patriotic colors to remember our country and those who fought for us. Red, white, and blue are popular for Independence Day, but it is also appropriate for this day.

5 HELP A VETERAN

Help those in your community that are widows of veterans or who are disabled veterans. You can spend the day weeding their flower beds, taking them lowers, taking them a meal or honoring that person with a neighborhood barbecue.

6 SING TAPS

Teach your children the words to the song "Taps." Sing it together on Memorial Day.

7 NATIONAL MOMENT OF REMEMBRANCE

Participate in the National Moment of Remembrance. This is a time when we can all reflect on Memorial Day and those who gave their time for the military. This is usually observed at 3:00 p.m.

8 FLY A POW/MIA FLAG

Fly the POW/MIA flag on Memorial Day. These are not common flags to fly for most people, but are completely appropriate to display this flag on Memorial Day.

9 CELEBRATE AT SCHOOL

Start a Memorial Day tradition at your child's school. Plant flowers in the school gardens, put out small American flags or encourage the principal to lead the school in a moment of silence. You can also have children bring pictures of fallen soldiers in their own family and hang in the hallways.

10 TAKE A FIELD TRIP

Take a field trip to a place where it is known to recognize fallen soldiers. This could be a monument, battle site, or other historic place. Take the time to learn about the importance of the place and teach your children the history.